

**NORTHERN MICHIGAN COMMUNITY HEALTH AND IMPROVEMENT INITIATIVE
COMMUNITY CONVERSATION ON OCTOBER 15, IN KALKASKA COUNTY**

What can we do here in Kalkaska County to move closer to our vision of a healthy community?

Continuously focus on health and wellness	Strategically implement education building blocks	Mindfully engage community	Purposefully incorporate nutritional health	Thoughtfully and deliberately improve behavioral health	Strategically recruit economic opportunity	Thoughtfully and open-mindedly consider infrastructure	Continuously create incentives for active participation
Increase immunization rates	Increase graduation rates—P2P	Youth-adult coalition: activity based	Increase access to affordable fruits and veggies	Access to mental health	Increase tax base	Improved transportation system	Incentives to participate in community progs.
Increase preventive care	After school program	Communication, advertising, outreach	More fresh food access: Double Up Food Bucks	Substance abuse prevention and reduction	Increase economic opportunities	Increase quality, affordable housing	
Proactive preventive education	Educate early and often	Community health collaboration	SNAP Education Food preparation, meal preparation	Stress relieving techniques			
Employee wellness programs with incentives	Knowledge and career guidance	Educate community on identified needs					
Worksite wellness based on individual business needs	Budgeting courses	Ask community for viable solutions					
Accessible recreational opportunities	Increasing graduation rates						
Turn off phones—play as a family	Parent engagement within schools						
Increased youth health programs	Health related education workshops						

KALKASKA COUNTY COMMUNITY CONVERSATION PARTICIPANTS

October 15, 2015

Cherry Street School, Kalkaska

NAME	ORGANIZATION
Christina Brege	Kalkaska Memorial Hospital
Michael Danes	True North Community Services
Deb Haase	Father Fred Foundation
Kate Kerr	Kalkaska County Community Collaborative
Laura Lotham	Kalkaska County Commission on Aging
Rachel McGinley	Goodwill Industries
Donna Nokoli (Observer)	District Health Department #10
Christi Nowak	Munson Medical Center
Cindy Ooley	Michigan Dept of Health and Human Services
Kevin Rogols	Kalkaska Memorial Health Center
Tara Rybicki	Munson Medical Center
Cathy Sones	Kalkaska Area Interfaith Resources
Michael Tinkle	Kalkaska Memorial Health Center
Diana Wemlinger	True North Community Services
Jessica Wernette	True North Community Services
Kristen Wilson	Catholic Human Services
Jan Wiltse (Observer)	District Health Department #10
Laura Zingg	Kalkaska Memorial Health Center

Facilitated by:

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