

## Manistee Community Conversation

March 1, 2016

*What can we do in Manistee County to move closer to our vision of a healthy community?*

Provide access to care for all	Create a proactive culture of healthy lifestyles	Reduce and prevent substance abuse	Educate on values and create opportunities for physical activities all seasons for all ages	Improve education and affordability of good nutrition	Improve community clinical linkages/connections	Develop and nurture a skilled workforce	Improve access to mental health options	Improve policy and advocacy
Weekend clinic hours	Define a healthy community	Reduce smoking and substance use	More active time in school	Better fresh food affordability/ accessibility	Evaluate resources and entities	Full time employment and higher wages	Access to care including mental health across payers/ geography	Public policy to support health
Mobile health care	Educate on healthy lifestyles	Decrease tobacco use for all ages	Build a foundation-start young	Access to fruits and vegetables	Improve community/ clinical linkages, e.g. referral for local services	Better vocational tech opportunities for increased wages and jobs	Increase access to mental health services for all populations	Housing
Medical house calls	Promote healthy lifestyles with families	Substance use prevention	Encourage physical activity	Educate on healthy food choices	2-1-1	Look at the socioeconomic impact on health	Better access to mental health care for all	
Improve public transportation	Good nutrition and physical activity becomes the norm	Pain management	Non-motorized transportation (walking and biking)	Teach healthy nutrition cooking classes	Improve diabetes education	Full time employment with benefits		
Increase access to all healthcare, substance abuse, medical, behavioral and dental	Communicate the directive of a healthy community	Smoking prevention programs	Map fitness venues	Expand nutrition education	Health education on healthy eating and exercise			
Expand mobile dental care to whole family at schools	More education on preventive care	Better support and aftercare for substance abuse	Increase leisure time physical activity at work, home, and school					
Better support to improve life from safety net	All new parents support							
Prisoners, homeless, seniors, mentally challenged and illiteracy								
Continue access to health care								
Transportation out of town/ after hours								
Reach people where they are at about resources								
Reaching those without technology or literacy								

**Participants:**

Kim Acker, WSMC Physician Services  
Cindy Arneson, Staircase Youth Services  
Dorothy Batzer, MSUE Advisory Council  
Lisa Bishop, Love INC  
Patti Borucki, Wexford Missaukee Manistee Great Start Collaborative  
Jessica Carnes-Brazaski, Disability Network Northern Michigan  
Cameron Clark, 19<sup>th</sup> Judicial Court Youth Services  
Joe Coleman, Medical Care Facility  
Heather Forshee, City of Manistee Housing Commission  
Al Frye, Northern Michigan Recovery Residence  
Charlie Ganss, NAPH & RICC Manistee and Benzie Counties  
Heidi Gustine, Area Agency on Aging NW Michigan  
Ceceilia Huebner, American Red Cross of West Michigan  
Linda Hutchinson, Northwest Michigan Health Services  
Cyndi Jacobi, MSU Extension  
Jeff Jennette, Manistee Wexford Missaukee ISD  
Bill Jessup, Goodwill Veteran Homeless Prevention  
Sharron Lemmer, HSCB  
Mike O'Brien, Department of Health and Human Services  
Sarah Oleniczak, District Health Department #10  
Jennifer Picard, TrueNorth Community Services  
Blanche Price, Project Read Northwest  
Jim Scranton, ISD Special Ed  
Doris Silver, WSMC Physician Services  
Ron Stoneman, Manistee Area Public Schools  
Corey VanFleet, United Way  
Diane Wemlinger, TrueNorth Community Services  
Dave Wild, Northwest Michigan Health Services & PFLAG  
Cheryl Wolfram, NW Michigan Works

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