

Wexford/Missaukee Community Conversation

Cadillac Community Health Coalition

January 12, 2016

What can we do in Wexford and Missaukee Counties to move closer to our vision of a healthy community?

Increase health resources and support	Create opportunities for physical activity	Support varied socio-economic growth	Promote and create opportunities for health education	Strengthen families and support disadvantaged youth	Increase availability of local foods	Expand transportation availability
Community health coaches for at-risk persons	Year round improved walkability	Quality employment opportunities	Use social media for education and to bridge gaps between healthcare/families and school	Support improved opportunities for disadvantaged youth	Increase farm to table	Transportation
Recruitment for primary care, mental health and dental health providers	Physical activity for working professionals	Housing options	Additional holistic education for adolescents	Parenting skills education	Community gardens and garden surplus options	
Health resources for new community members	Activity center options increased	Health Insurance education				
Dental health	Provide incentives and challenges for physical activity					
Substance abuse prevention	Worksite wellness					
Community care plan for aging and chronic diseases						

Participants:

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Becky Voelker, Baker College

Blair Bryant, Cadillac Area Public Schools

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Doreen Lanc, Cadillac Community Foundation

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Cindy Fales, Cadillac Wexford Transit Authority

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